

# Man Overboard (MOB)

**Step  
by  
Step**  
7 of 10

## 1. INSTANT ACTIONS

Shout “MAN OVERBOARD!” to alert the crew

Turn the boat to the side where victim fell to reduce the risk of the victim being injured by the propeller

Throw the safety equipment to the victim

Push the MOB-button off the GPS to mark down the location of the victim

If possible, instruct one crew member for keeping all time visual contact to the victim

Allocate the helpers and decide the way to lift

Prepare to lift the victim on board

Steer the boat next to the victim, upwind side

Switch the engine to neutral

Use rescue steps or lift victim over the rail

Prepare for heeling of the boat when lifting

Prepare to give possible first aid to the victim

Prepare for possible transfer of the victim to helicopter or to another vessel

## 2. SEA RESCUE

Call for emergency help if you doubt your own possibilities for the rescue

If boating under sail, start the engine and take down sails

Steer back to your own wake and to the victim

Be aware of the other traffic and possible maneuvering limitations

Locate the victim with the help of the crew member visual contact or via GPS MOB location

If you can not easily locate the victim, call for emergency help.